

VIKING DAILY

Thursday, December 20th 2018Today's Weather: Cloudy
12 – 15° C / 53 – 59° F

Welcome aboard!

We are delighted to welcome you to *Viking Torgil*, and look forward to hosting you on your cruise.

We hope to introduce you to some wonderful new discoveries, both on shore and on board, from surprising locations to fascinating cultural activities and events.

This daily newsletter outlines the day's destinations; it also provides a bit of background on some of the places you will visit, news of our onboard activities, important contact information for the ship, and sailing times.

We are happy to assist with special requests, large or small. Please contact Guest Services at ext. 9 or stop by Reception should you have any questions.

We hope you have an enjoyable journey.

Sincerely,
Marta Azevedo
Guest Services Manager

If you have any special dietary requirements, please let the Maître D' know. Bon appétit!

For safety reasons, guest access to the Sun Deck is restricted during lock transits and under low bridges.

As a courtesy to other guests, please refrain from using the walking path between 10:00 PM and 8:00 AM.

4:30 PM

Welcome aboard the *Viking Torgil*!

5:00-6:00 PM

Port Tonic: Join us in the Lounge for a traditional Port cocktail that you can enjoy throughout your journey.

5:30-7:30 PM

Cocktail Hour: Enjoy a drink and some live music in the Lounge.

6:00 PM

Safety Instructions: Your safety is of paramount importance to us. Please follow the instructions given on the PA system.

6:30 PM

A Toast to Our Guests: Captain Plácido and Hotel Manager Gabor invite you to join them in the Lounge for a toast to welcome you and fellow guests aboard.

Followed by:

Welcome Briefing: Join the *Viking Torgil* Hotel Manager Gabor and Program Director Raquel in the Lounge for a brief talk about the ship and what you can look forward to during your time on board.

7:15 PM

Dinner: Executive Chef Maik and Maître D' Nick invite you to the Restaurant for dinner.

9:00-10:00 PM

Night Sailing: Join us in the sundeck for a *pousse-café* and rejoice in the breathtaking sights of Porto by night.

Followed by:

Evening Entertainment: We welcome you to the Lounge for music and dancing with our on-board musician Sal.

SHIP INFORMATION**Ship Phone Numbers:**

Reception: 00 351 962 323 214

Program Director: 0049 152 225 382 19

Ship Location: Porto, Portugal

Wi-Fi password: Viking2018

Please note: Because of the nature of data bandwidth and latency, as well as potential interruptions in satellite signals based on terrain, weather, bridges and locks, you may experience slower online connections than you are accustomed to at home.



A brief history of Portugal

The history of Portugal dates back to the Early Middle Ages. In the 15th and 16th centuries, it ascended to the status of a world power during Europe's Age of Discovery as it built up a vast empire including colonies in South America, Africa, Asia and Australasia (Oceania). Over the following two centuries, Portugal kept most of its colonies but gradually lost much of its wealth and status as the Dutch, English and French took an increasing share of the spice and slave trades, by either surrounding or conquering the widely scattered Portuguese trading posts and territories, leaving the country with ever fewer resources to defend its overseas interests.

The country was further weakened by the destruction of Lisbon in a 1755 earthquake, occupation during the Napoleonic Wars in 1807 and the independence of Brazil, its wealthiest colony, in 1822. In 1910, a revolution deposed the monarchy, and for most of the next six decades, repressive governments ran the country. Still, in 1949 Portugal became a founding member of the North Atlantic Treaty Organization (NATO), and in 1974, a left-wing military coup installed broad democratic reforms, and the following year, Portugal granted independence to all of its African colonies.

In 1986 Portugal entered the European Union (EU). In 1998 the country qualified for the Economic and Monetary Union (EMU) and began circulating the euro in January 2002 along with 11 other EU members. Today Portugal is a highly developed country with an advanced economy, high living standards and high-quality infrastructures, ranking 11th overall, according to the Global Competitiveness Report. A member of the United Nations, it is also one of the world's most globalized and peaceful nations. In 2001, Portugal received international attention for being the first country in the world to fully decriminalize the usage of all drugs. In 2010, Portugal became the sixth country in Europe and the eighth country in the world to legally recognize same-sex marriages.

Have you considered

OUR SILVER SPIRITS BEVERAGE PACKAGE?

This covers all house pouring wines; beers and liquors including cocktails, well drinks, mixers/long drinks and sodas throughout the day. We are pleased to provide a wide selection of regional and fine wines and brand-name liquors to complement your meals, or for the perfect nightcap.

For details and to purchase, please visit Reception.

INTRODUCING YOUR VIKING STAFF

Plácido Marques, Captain

Responsible for guest safety and all nautical matters.

Gabor Simon, Hotel Manager

Supervises all onboard hotel operations.

Raquel Miranda, Program Director

Coordinates all excursions and onboard activities.

Eduarda Martins, Housekeeper

Manages the entire housekeeping staff and operations.

Nick Stanica, Maître d'

Responsible for all food and drink operations.

Maik Brautigam, Executive Chef

Oversees the kitchen and the preparation of all meals.



Who's who: famous Portuguese

Pedro Julião, or Pope John XXI (1215–1277): The only Portuguese pope, John XXI was actually the 20th pope but he wanted to skip number XX. After his death, it was rumored that he had been a magician and was writing a heretical treatise in the room that collapsed on him—"by an act of God."

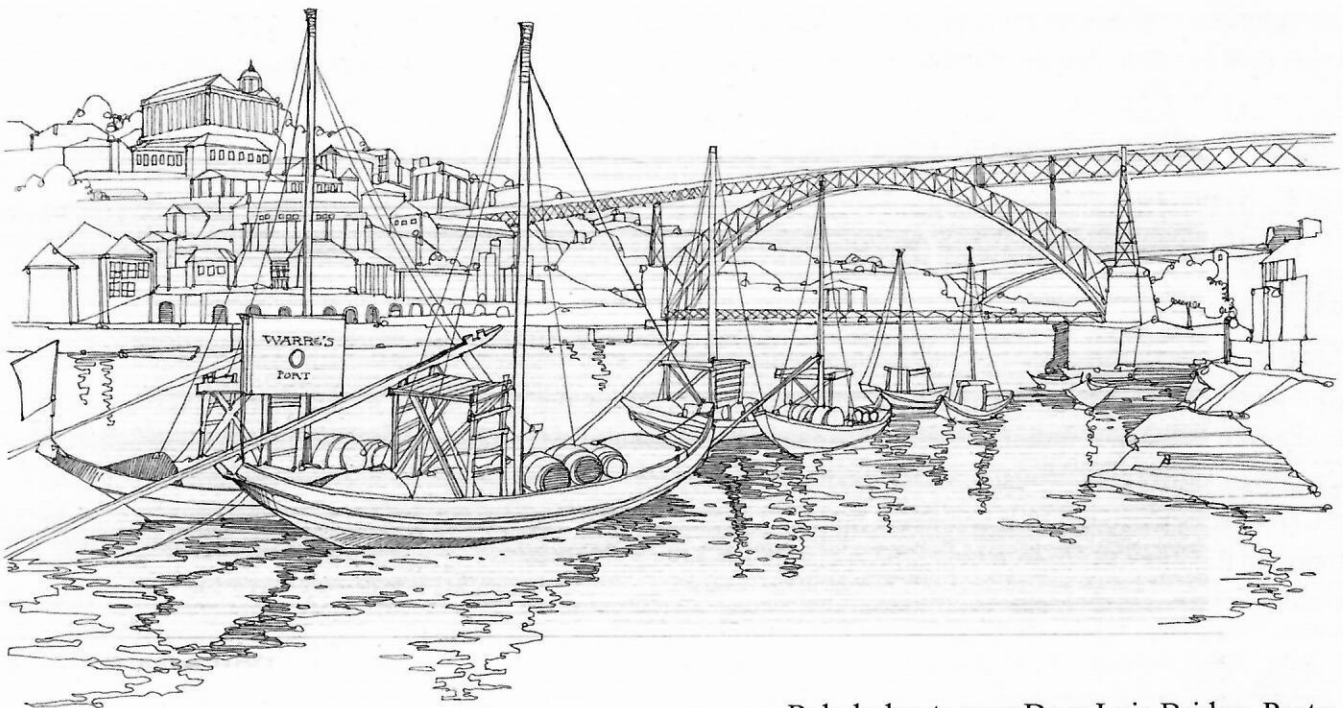
Ferdinand Magellan (1480–1521): Magellan became one of the world's greatest explorers of the era, leading the first-ever expedition to circumnavigate the world.

Egas Moniz (1874–1955): Portuguese neurologist, the founder of modern psychosurgery and the developer of the lobotomy, for which he became the first Portuguese national to receive a Nobel Prize in 1949.

Carmen Miranda (1909–1955): Born in Marco de Canaveses, the Portuguese-born singer, dancer and Hollywood star was popular for her fruit-covered turbans and exotic costumes in the 1940s and 50s. She died in Beverly Hills.

Meredith Vieira (1953–): Emmy-winning TV journalist and personality who has co-anchored *The Today Show* and co-hosted *The View*. She currently hosts her own show, *The Meredith Vieira Show*.

Cristiano Ronaldo (1985–): Cristiano Ronaldo dos Santos Aveiro (to give his full name) is an internationally renowned footballer. He plays for Juventus and is captain of Portugal's national team.



Rabelo boats near Dom Luis Bridge, Porto



Things to see & do: Porto

It's hard not to fall in love with Porto. One of the oldest cities in Europe, it is a maze of steep, narrow streets, picturesque plazas, tiled churches and pastel-hued houses. Aptly situated on the "River of Gold," Porto is a treasure chest of unusual buildings, atmospheric neighborhoods, glorious river views and charming local color. From the quaint, old quayside district of Ribeira to the sleek Serralves Museum & Gardens, there are plenty of ways to spend your free time in this very special city.

WHERE TO GO

Porto's historic center, a UNESCO World Heritage Site, gives you all the excuses you need to wander. Start at the riverside promenade in Ribeira, home to the **Palácio da Bolsa** (Rua Ferreira Borges, 4050-253 Porto from Nov-Mar, 9:00 AM-12:30 PM) and the **Igreja de São Francisco** (Rua do Infante Dom Henrique, 4050-297 Porto, from Nov-Feb, 9:00 AM-5:30 PM) with its interior gilt woodwork, an 18th-century addition that covers the aisle roofs, pillars, window frames and chapels, hiding the underlying medieval architecture. You can get your bearings of the whole city by climbing **Torres dos Clérigos** (Rua Senhor Filipe de Nery, 4050-546 Porto) and entrance fee is €3 (approx. \$3.50/£2.35). The top is reached via an inner spiral staircase consisting of 240 steps that culminates in an impressive clock house.

WHERE TO EAT

Dine in style at a classic European Art Nouveau café and city landmark—the **Majestic** (Rua Santa Catarina, 112), or mingle with the locals at the **Guarany Café** (Avenida dos Aliados, 85-89) for a taste of traditional *café de saco*.

Discover Ribeira, the soul of Porto, on foot, and then stop for a refreshing drink and take in the unique atmosphere—it is especially lively at night. Sheltered under medieval arches are dozens of cafés, bars and restaurants, making it the most popular district in the city for eating and drinking. Some great spots are **Chez Lapin** (Rua dos Canastreiros, 40/42) and **Mal Cozinhado** (Rua do Outeirinho, 13) where you can savor such local dishes as *tripas*, *francesinhas* or charcoal-grilled sardines. Then as the sun sets on this colorful World Heritage riverfront, try the refreshing local *vinho verde*, a port tonic, or one of the many world-famous Douro wines.

For the freshest fish and seafood, head for Matosinhos and try the **Restaurant Xarroco** (Rua Heróis de França, 507) or the **Restaurante Fernando** (Rua Heróis de França, 527).

WHERE TO SHOP

If you like your shops with a few more quirks and character than the standard department stores offer, Porto is your place. Pick up a memorable memento of Portugal in traditional packaging at **A Vida Portuguesa**—from sardines to soaps, it's a great place for gifts. Bookworms should head to the galleried Art Nouveau delight that is **Livraria Lello** (or Lello & Irmão) on the Rua das Carmelitas. You could spend hours browsing the books, admiring the architecture and drinking endless coffees in its first-floor café. To see the swankier side of Porto, go inside the shops on the **Rua das Flores** (Flower Street), emblazoned with blossoms. Or discover the arts, crafts, designers and delis of the **Rua de Miguel Bombarda**. One thing is for sure, you will have plenty of choices.

VIKING GUEST SERVICES

Want to reserve a table at the best restaurant? Order theater tickets? Book a spa appointment? Arrange for a private guide? Just like a hotel concierge, our Viking Guest Services staff are available 24 hours and will happily handle any request. Ask about special performances, events, festivals and seasonal exhibits.

Marta Azevedo

Guest Services Manager

VIKING DAILY

Friday December 21st 2018

Today's Weather: Cloudy

6 – 13° C / 43 – 56° F

6:30-11:00 AM

Café Breakfast: Coffee and pastries are available at the coffee station in front of the Restaurant.

6:45 AM

Cast Off! *Viking Torgil* leaves Gaia for Pinhão.

7:30-9:30 AM

Breakfast: Enjoy a buffet breakfast and a choice of dishes cooked-to-order in the Restaurant.

9:30 AM

Live Demonstration: Learn all about the production of cork in the Lounge with Paula Guimarães.

10:30 AM

Live Demonstration: Learn about preparing *Portuguese Pastel de Nata* in the Lounge with Chef Maik.

12:30 PM

Lunch: Join us for lunch in the Restaurant.

2:30 PM

Welcome to Folgosa. *Viking Torgil* makes a brief stop in Folgosa where guests will leave the ship for the excursion.

2:30-5:45 PM

***Shore Excursion: Mateus Palace & Gardens followed by a visit to Quinta da Roeda.** Visit the extraordinary Mateus Palace and enjoy a Port wine cocktail at a local *quinta*. Rejoin the ship in Pinhão. ** Please bring your QuietVox audio receivers and earpieces from your stateroom.*

2:45-6:30 PM

***Optional Excursion: Make your own Port Blend Wine.**

Meet dedicated wine producers and learn the secrets of making your own wine. Rejoin the ship in Pinhão.

** Please bring your QuietVox audio receivers and earpieces from your stateroom.*

4:00 PM

Welcome to Pinhão: *Viking Torgil* arrives in Pinhão.

5:30-7:00 PM

Cocktail Hour: Enjoy a drink and live music in the Lounge.

7:00 PM

Port Talk: Program Director Raquel invites you to the Lounge to find out about tomorrow's excursions and events.

7:15 PM

Taste of the Portugal. Join us for a hearty buffet of regional cuisine while our performers charm you with a medley of traditional songs from this region.

9:00 PM

Evening Entertainment: Tuna Folk Show. We welcome you to the Lounge for a special performance of a Portuguese Folk Music Show.

Lock Schedule:

Crestuma: 7:50 AM

Carrapatelo: 10:50 AM

Bagaúste: 1:40 PM

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Ship Location: Pinhão, Portugal

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Sit back and drink in the scenery

There can be few things more pleasurable in life than relaxing with a glass of your favorite wine while you take in the breathtaking scenery around you. Here in the Douro Valley it's virtually a daily occurrence and no other excursion exemplifies this more than our visit to the Quinta do Seixo estate. Set on the South Bank of the Douro River, between the city of Régua and the village of Pinhão, the 100-hectare estate is without doubt one of the most traditional and renowned wine-producers in the region.

Combining state-of-the-art technology and visitor attractions with age-old methods of viticulture, Quinta do Seixo offers you the opportunity to witness the fascinating processes that go into port wine production, against a spectacular backdrop of stepped terraces and glorious river views.

This innovative wine estate has established itself as the home of the famous Sandeman brand, recognized across the world for the image of the "Don," a mysterious figure wearing a long black cape and sombrero. You'll find this iconic image cropping up on a variety of bottled delights, ranging in price from under 10 to over 50 euros. Below, we feature some of the wines produced at Quinta do Seixo that you might just like. Decisions, decisions.

THE LOCAL WINE LIST

Sandeman Apertif White Port: A light, tawny colored port with a delicate hint of pink. It has a rich orange and nutty character with ripe, sweet pear fruit and a medium-bodied texture. It's tangy and you can definitely taste the alcohol in the finish.

Sandeman Founders Reserve Ruby Port: This four-year-old port has quite a vibrant, medium to deep, purple/crimson color. Dry, red cherry fruit and a hint of something earthier on the nose, then the palate has a refined richness of cherry and black currant with a smooth, rich, chocolatey finish.

Sandeman Late Bottled Vintage Port 2000: Unlike vintage port, LBV is aged in the cask so it matures more rapidly and can be sold earlier. The year 2000 was very good for port and this little number is living proof with its solid crimson/black color and fairly light, but smooth and fruity palate. Raisins and chocolate begin to emerge with a long, silky finish.

Sandeman Vau Vintage Port 2000: An early drinking vintage port, Vau is designed to be enjoyed after eight years or so. There's a little note of rhubarb or beetroot, with intense, bright, kirsch-like cherry fruit, and a smooth, cocoa quality. The palate is very sweet, rounded and pure with a lovely black fruit density.

Sandeman Vintage Port 2000: A very good port indeed, this vintage has a lovely lightness on the palate with refined fruit layered with black plum, spices and a bittersweet coffee richness becoming smooth and chocolatey on the finish.

Sandeman 30-Year-Old Tawny Port: Beautifully nutty and spicy, with layered biscuit and toffee notes, a suggestion of dried figs and orange. The palate has a lovely sweetness and the toffee and honey richness fills the mouth. Spices and sultana cake character emerges in a long, layered, balanced finish.



A “real” Portuguese beauty

This afternoon we take you on a delightful tour of Casa de Mateus, or the Mateus Palace, one of Portugal’s most recognized icons. The beautiful baroque building is home to a marvelous collection of paintings, furniture, books and fascinating family history. Here are a few interesting facts and some special highlights about the palace.

- Casa de Mateus was built in the first half of the eighteenth century by António José Botelho Mourão, whose descendants still live there today.
- Sacheverell Sitwell, English writer, art critic and recognized authority on baroque architecture, described it as “the most typical and most fantastic country house in Portugal.”
- The palace was designed to present a carefully created series of vistas and mirror images, such as the exquisite pinnacles on the roof and ornate outdoor stairway that are beautifully reflected in a pond in front.
- The library, remodeled in the mid-20th century, contains valuable 16th-century books, but the rarest book in the palace is housed in the small on-site museum. It is an 1817 copy of *Os Lusíadas* (*The Lusíads*), the national epic poem. Written by Luís Vaz de Camões after returning from the Indies, the poem is a fantastical interpretation of Portugal’s voyages of discovery during the 15th and 16th centuries.



Mateus Palace, Vila Real



Welcome to port wine central: Peso da Régua

Nestled among the gentle sloping hills and staggered vineyard terraces of the Douro Valley, Peso da Régua represents the heart of the port wine production region that you have come to know so well over the last week. Originally two small separate villages, Peso and Régua were brought together in the 18th century to form a major hub for the area, eventually connecting railway, road and river. The rest, as they say, is history.

- In 1756, Régua, as the town is more commonly known, was chosen by the rather grand-sounding Marquês de Pombal as the center of the demarcated region for port production.
- It is from here that traditional wooden cargo ships, called *rabelos*—a cross between Venetian gondolas and Viking longships—were loaded with barrels of port wine and set sail. After traveling through rough waters and hazardous gorges to Vila Nova de Gaia, the port was unloaded and left to mature before being exported on larger ships to Britain.
- Despite the introduction of the Douro railway in the 1880s, *rabelos* continued to ply the river and can be seen in the stained-glass windows, created by Lino António, at the Casa do Douro, the former administrative headquarters of the Port Wine Institute, in Régua.
- Régua suffered from severe floods frequently in the past, but these have become less of a threat since dams were built across the Douro in the 1970s and 1980s.
- In 1988, Régua was recognized as the International City of Vineyards and Wine by the International Organization of Vine and Wine, based in Paris.

Through rose-tinted glasses

If you partied in the '60s and '70s, you probably enjoyed at least a glass or two of another of Portugal's easy-drinking exports, Mateus Rosé. Slightly bubbly with a medium-sweet taste and pinkish hue, it was a popular tippie that was styled deliberately to tickle the taste buds of the emerging European and North American markets. And it seemed to do the trick—by the late 1980s, supplemented by a white wine version, Mateus accounted for over 40% of Portugal's table wine exports with worldwide sales of more than 3 million cases per year.

Since its heyday, the Mateus brand has declined some, but following a relaunch and a slight tweak of the original recipe to make it a little drier for more modern palates, it has enjoyed a revival in recent years. Despite changes to its flavor, however, the wine continues to be sold in its distinctive, narrow-necked, flask-shaped bottle with the historic Mateus Palace label and a real cork stopper. Some things are just too good to change.

Personalize your journey.

EXPLORE YOUR WAY.

An appointment at the best spa in Prague? Dinner at one of Lyon's Michelin-star restaurants? Tickets to a classical concert in Vienna? Or directions to Paris's oldest bookshop? Our Guest Services staff is here to assist you with special requests.

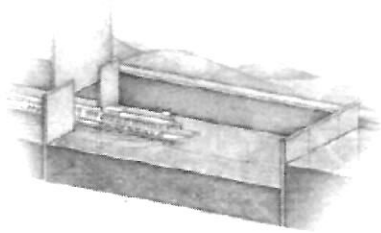
Stop by Reception today and learn how we can help you experience the most of your destination.



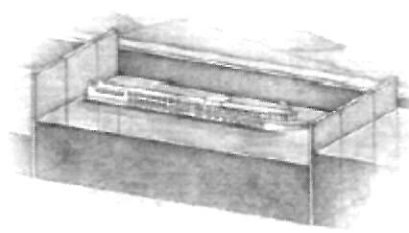
Locks Along the Douro River

How does a lock work?

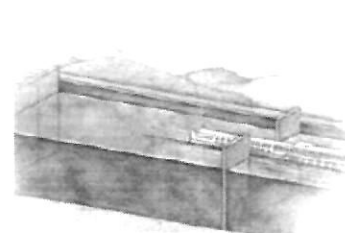
A lock works by raising and lowering boats in a device between stretches of water of different levels on rivers and canal waterways. Locks are used to make a river more easily navigable, or to allow a canal to take a reasonably direct line across a country that is not level.



Step 1: The ship approaches a lock. The first door opens, and the ship enters the lock compartment.



Step 2: The door closes behind the ship. The lock compartment is filled with water, raising the ship.



Step 3: The far door opens, and the ship departs at the new, higher (or lower) level of the river. Alternate lock sections can be drained for incoming ships from higher levels.

As it sails along the Douro River, your ship will pass through these five locks:

Lock of Crestuma-Lever

Built: 1978-1985
Length: 96 m / 316 ft
Width: 12 m / 40 ft
Gate: Book shape
Lift: 14 m / 46 ft

Electricity Production:
367 GWh per year

Lock of Carrapatelo

Built: 1965-1972
Length: 95 m / 313 ft
Width: 12 m / 40 ft
Gate: Guillotine shape
Lift: 35 m / 115 ft

Electricity Production:
870 GWh per year

Lock of Bagaúste

Built: 1967-1973
Length: 91 m / 300 ft
Width: 12 m / 40 ft
Gate: Guillotine shape
Lift: 28 m / 84 ft

Electricity Production:
738 GWh per year

Lock of Valeira

Built: 1971-1976
Length: 91 m / 300 ft
Width: 12 m / 40 ft
Gate: Guillotine shape
Lift: 33 m / 109 ft

Electricity Production:
801 GWh per year

Lock of Pocinho

Built: 1975-1982
Length: 88 m / 290 ft
Width: 12 m / 40 ft
Gate: Book Shape
Lift: 22 m / 72 ft

Electricity Production:
534 GWh per year

VIKING DAILY

Saturday December 22nd 2018

Sunday December 23rd 2018

6:00-11:00 AM

Café Breakfast: Coffee and pastries are available at the coffee station in front of the Restaurant.

7:00-9:00 AM

Breakfast: Enjoy a buffet breakfast and a choice of dishes cooked-to-order in the Restaurant.

7:30 AM

Cast Off! *Viking Torgil* leaves Pinhão for Folgosa.

8:30 AM

Welcome to Folgosa: *Viking Torgil* arrives in Folgosa.

9:00 AM – Yellow Ribbon, Orange Ribbon & Grey Ribbon

***Shore Excursion: Salamanca.** Visit Spain's oldest college town, an invigorating tapestry of scholarly, religious and cultural pursuits. *Please bring your QuietVox audio receivers and earpieces from your stateroom.*

12:15-2:30 PM

Arrival to Ciudad Rodrigo for lunch. El Parador, this ivy-clad medieval castle will be the venue for lunch. Either transfer via shuttle bus or stroll through the cobblestone streets to arrive at the restaurant.

3:15 PM

Arrival to Abba Fonseca Hotel

4:30 PM

Welcome Walk. Join your Program Director Team in the Lobby for a 30 minute orientation walk around the city.

7:00 PM

Dinner at the Hotel or head into the city and enjoy Spanish cuisine such as *Tapas*.

❖ **All timings are in Portuguese time**

6:00-9:30 AM

Breakfast is served at the Hotel Restaurant.

9:00-10:30 AM

Visit the beautiful **Cathedral of Salamanca** for free.

10:30 AM

Check Out. Please ensure all luggage is placed in the Lobby with luggage tags by this time.

11:15 AM

Guided City Tour in Plaza Mayor

12:30 PM

Lunch at Palacio San Esteban

Approx. 2:00 PM

Departure from Salamanca

Approx. 5:30 PM

Return to the Viking Torgil

Port Talk: Next day information will be provided en route.

5:30-7:00 PM

Cocktail Hour: Enjoy a drink and live music in the Lounge.

7:15 PM

Dinner: We invite you to join us for dinner in the Restaurant.

9:15 PM

Christmas Tree Trimming Party: Decorate our tree with us while enjoying refreshments and camaraderie. You'll have the chance to embellish an ornament for the tree with your own choice of holiday greeting with your fellow guests.

Followed by:

Evening Entertainment: We welcome you to the Lounge for music and dancing with our on-board musician Sal.

Abba Fonseca Hotel

Plaza de San Blaz, 2, 37007, Salamanca, Spain

Phone Numbers:

Reception: 00 34 923 01 10 10

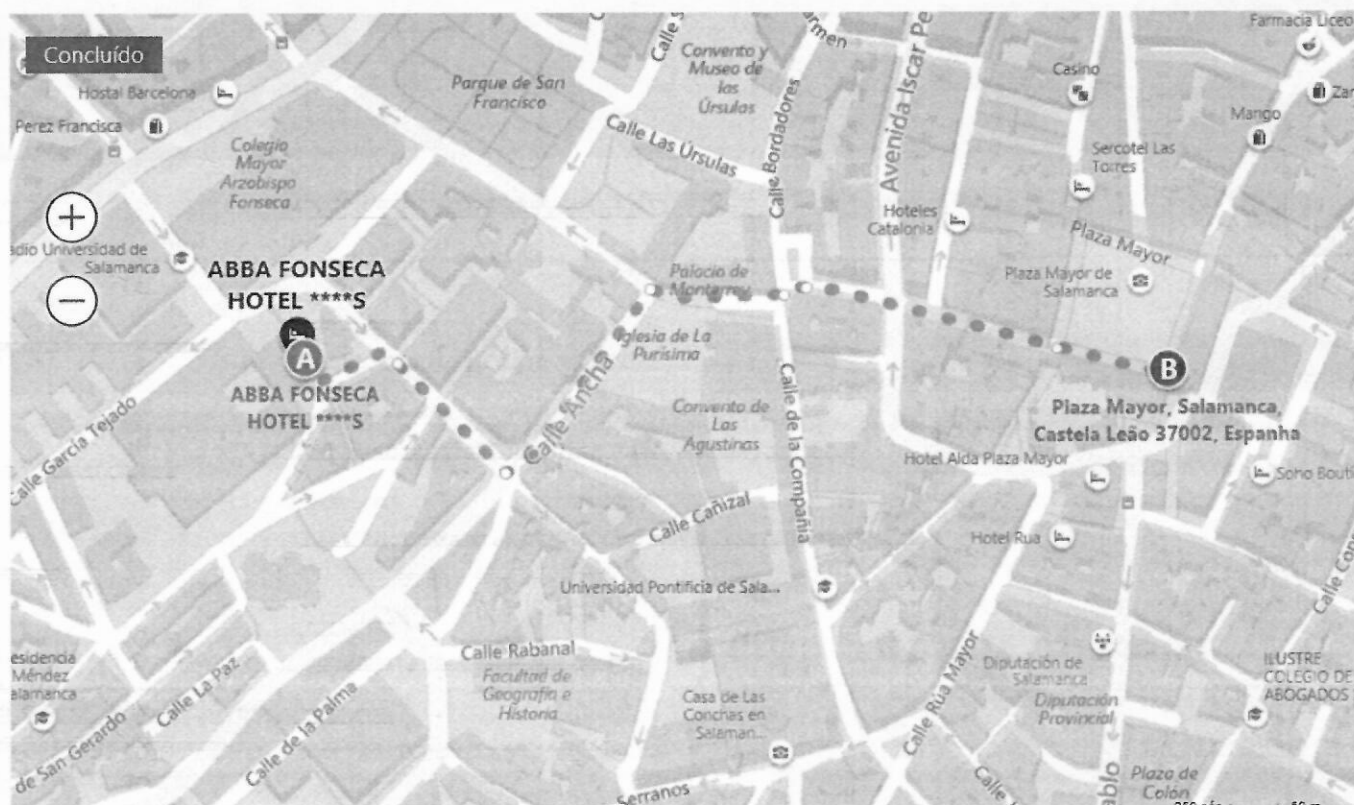
Program Director: 0049 152 225 382 19

Saturday Weather: Cloudy

5 – 13° C / 41 – 56° F

Sunday Weather: Partly Cloudy

3 – 13° C / 37 – 56° F



Souvenirs from Salamanca

You might be in Spain for only a day, but that's no reason not to take a little something of it home with you. Salamanca is a surprisingly rich source of authentic Spanish handicrafts embracing a broad range of different techniques and materials. If you're partial to something silver, you can pick up local silverwork stamped with the traditional filigree button signifying the emblem of the salamander. Earthenware, ceramics, basketry and wickerwork also make great handcrafted gifts. Alternatively, why not treat yourself to something extra special such as a pair of the celebrated Spanish-style leather riding boots, a beautiful Béjar cape woven from local textiles or a handmade lacework Spanish shawl.

Country profile: Spain

Location: Iberian Peninsula, southwest of France; Portugal lies along the peninsula's west coast. Narrowly separated from Morocco.

Size & Population: Size: 194,896 square miles. Population: 47.7 million.

Currency: Euro (formerly Spanish peseta).

Government: Constitutional monarchy.

Ethnic Groups: Composite of Mediterranean and Nordic types.

Religion: Roman Catholic 94%, other 6%.

Language: Castilian (official) 74%, Catalan 17%, Galician 7%.



“See” shells in Salamanca

You might not find a beach in the heart of the city, but you will certainly find shells. As you may have gathered by now, Salamanca is a place full of surprises, and one of those is the aptly titled La Casa de Las Conchas, or “House of Shells,” named after the scallop shells clinging to its facade. The original owner was a man named Dr. Rodrigo Arias de Maldonado, a doctor at the court of Isabella and a knight of the Order of Santiago, whose symbol is the shell. These days the building, entered via a charming, peaceful courtyard, houses the public library—definitely worth a peek while you’re here.

Salamanca on a Plate

It’s the diverse geography of the Salamanican region—from green pastures and golden wheat fields to rugged, mountain highlands—that makes its cuisine so special. Meat is a popular dish in many forms, but it is traditionally pork-based products that reign supreme in these parts. From its specialty roast suckling pig to *hornazo*, a traditional pie containing chorizo, ham, bacon, hard-boiled egg and sometimes chicken, too. Another typical pork dish is *farinato*, a white sausage made with bread crumbs, lard and seasoning and usually eaten with fried eggs.

Those with a sweet tooth are more than catered to in Salamanca with cafés and bakeries selling an array of scrumptious biscuits, buns, cakes and pastries. Try the local almond cookies, called *amarguillos*; the donutlike rings, known as *rosas*; or the *perrunillas*, circular biscuits flavored with cinnamon and lemon. All go down extremely well with a hot, milky *café con leche* when you’re ready for a little break.



New Cathedral, Salamanca



Things to see & do: Salamanca

There is so much to see and do in stunning Salamanca that we have devoted a whole day to the discovery of its many charms. No one can fail to be struck by the magnificent beauty of this UNESCO World Heritage Site with its warm, honey-colored architecture, intricately carved sandstone facades and plazas buzzing with university-student energy and fabulous shops. If this city doesn't tempt you to see more of Spain, nowhere will. Join us on a whistle-stop tour of some of Salamanca's greatest attractions.

WHERE TO GO

Plaza Mayor: Built between 1729 and 1755, and designed by Alberto Churriguera, the exceptional baroque grand square is home to a series of medallions bearing the busts of some of Spain's most important historical figures. Take a look at the northeast corner and see if you can spot the odd one out—a bust of Franco molded from easy-to-clean plastic due to its constant vandalism. Address: Plaza del Corrillo 20, 37002 Salamanca.

The Old University: The jewel in Salamanca's crown is the world-famous 13th-century university, on a par, as an educational institution, with Oxford. It boasts the finest examples of plateresque—ornate, decorative facades from the Gothic and Renaissance periods, exclusive to Spain. And while you are here, visit the oldest library in Europe and make your way to the first floor to enjoy astonishing views. Address: 37008 Salamanca.

Catedral Nueva (New Cathedral): Wherever you are standing in the city center, you can't miss the ornate, baroque dome of this impressive cathedral's tower. And you definitely won't be disappointed when you step inside. Exquisite ceilings, elaborate choir stalls, a glorious main chapel and magnificent Renaissance doorways all await. Address: Calle Cardenal Pla y Deniel, 37008 Salamanca. Hours: Oct-Mar, 10:00 AM-5:30 PM. Entrance fee: €5 (approx. \$6/£4).

Catedral Veija (Old Cathedral): This Romanesque cathedral from 1120 predates the Catedral Nueva and showcases a variety of architectural styles, from Gothic to Renaissance and even Byzantine influences. Its breathtaking 15th-century altarpiece features no less than 53 panels depicting scenes from the lives of Christ and Mary, topped by a presentation of the Final Judgment. Address: Plaza Juan XXIII, 37008 Salamanca. Hours: Oct-Mar, 10:00 AM-5:30 PM. Entrance Fee: €5 (approx. \$6/£4).

El Patio Chico: To enjoy a very special view of both cathedrals, walk around the walls until you come to El Patio Chico. It's the only spot where you can see both Veija and Nueva, side by side. Enter the Museo Ieronimus to climb their medieval towers, and peer down from the parapets onto both naves. A heavenly reward for your efforts. Address: Calle Melendez 13, 37002 Salamanca. Hours: daily, 10:00-1:00 AM.

WHERE TO EAT

Chocolatería Valor: Serving Spanish Valor chocolate, this is a special place where you can enjoy a hot chocolate with churros. Or if you prefer, sip a beverage over crushed ice, such as an iced lemon or iced chocolate drink. Address: Libreros 14, 37008 Salamanca. Hours: Mon-Thu, 8:00 AM-10:00 PM; Fri-Sun, 8:00 AM-11:00 PM.

Ruta de la Plata: This *meson*, an old and traditional Spanish restaurant with an antique furnishing style, is frequented by locals and students who enjoy the tapas at Ruta de la Plata, including its famous grilled ribs. Address: Meléndez 13, 37002 Salamanca. Hours: daily, 9:00 AM-11:00 PM.

VIKING GUEST SERVICES

Want to reserve a table at the best restaurant? Order theater tickets? Book a spa appointment? Arrange for a private guide? Just like a hotel concierge, our Viking Guest Services staff are available 24 hours and will happily handle any request. Ask about special performances, events, festivals and seasonal exhibits.

Sincerely,

Marta Azevedo

Guest Services Manager



Excursion to Salamanca

Departure from vessel (Pier of Folgosa): **9:00 AM** 22nd December

Arrival back to vessel: (Pier of Régua): **5:45 PM** 23rd December

Driving conditions:

3 hours 45 minutes, motorway for the majority of the journey.

Comfort stop of 20 minutes at 'La Pedrisina' approximately 2 hours and 15 minutes into the journey. Restrooms, café and little supermarket available here.

Walking conditions: Moderate, walking around the city required.

Day 3 (Saturday) – 22nd December

After breakfast, the excursion will depart the vessel and make its way towards Ciudad Rodrigo, stopping for a comfort break on the way. Upon arrival at Ciudad Rodrigo transfer to the shuttle service to 'Parador Ciudad Rodrigo' where lunch will be served, please see the separate form for the lunch options and check the appropriate box.

After lunch the excursion will continue towards Salamanca, this last section is approximately 1 hour in driving time. Upon arrival to Salamanca check in will take place at the Abba Fonseca Hotel, there will be a welcome walk at 4:30 PM to orientate guests around the area, such as key locations like Plaza Mayor, the cathedral of Salamanca and the main shopping areas.

Dinner will be served in the hotel at 7 PM, please see the separate form for dining information. The rest of the evening is at your own leisure. A 10-minute walk will find yourself in the heart of the city, which is beautiful when illuminated at night especially the cathedral.

Day 4 (Sunday) – 23rd December

Check out of the hotel in the morning with breakfast served from 6:00 AM until 9:30 AM and enjoy a couple of hours free time exploring the city of Salamanca perhaps a visit inside the cathedral which will be open from 9:00 AM. Meeting point will be inside Plaza Mayor at 11:00 AM for a walking tour with local guides around the city. After the walking tour there will be a walk along to 'Palacio de San Esteban', a beautifully renovated convent where a buffet style lunch will be served.

After lunch, step on board the motor coach for the return trip to Régua where the Viking Torgil will be located. Journey time will be approximately 1 hour and 20 minutes until the comfort break at 'La Pedrisina' the following section is 2 hours. Embark the Viking Torgil in the evening at approximately 5:45 PM. The following day events will be briefed onboard the motor coach just before arriving to the vessel.

Kind Regards,
Viking Torgil Team

VIKING DAILY

Monday December 24th 2018

Today's Weather: Cloudy

5 – 11° C / 41 – 51° F

6:30-11:00 AM

Café Breakfast: Coffee and pastries are available at the coffee station in front of the Restaurant.

7:30-9:30 AM

Breakfast: Enjoy a buffet breakfast and a choice of dishes cooked-to-order in the Restaurant.

7:45 AM

Cast Off! *Viking Torgil* leaves Régua for Pinhão.

10:00 AM

Welcome to Pinhão. *Viking Torgil* arrives in Pinhão.

10:00 AM-4:15 PM

***Shore Excursion: Favaios Bakery & Lunch at Quinta Avessada.** Visit the little village of Favaios to visit one of the last traditional bakeries in the Douro Valley. After a sample fresh from the oven, visit the local museum and then continue to Quinta da Avessada, a beautiful century-old wine-growing estate.

**Please bring your QuietVox audio receivers and earpieces from your stateroom.*

12:00 PM

Lunch will be served on board.

12:30 PM

Cast Off! *Viking Torgil* leaves Pinhão for Lamego.

2:30 PM

Welcome to Lamego: *Viking Torgil* arrives in Lamego.

4:00 PM

Viking Torgil moves to Régua.

5:30-7:00 PM

Cocktail Hour: Enjoy a drink and live music in the Lounge.

6:30 PM

VES Cocktail Party: If you are a guest who has sailed with Viking before, please join us in the Lounge for the Viking Explorer Society Cocktail Party.

Followed by:

Port Talk: Program Director Raquel invites you to the Lounge to find out about tomorrow's excursions and events.

7:00 PM

Dinner: We invite you to join us for dinner in the Restaurant.

9:00 PM

Sing Along with the Crew: Please join us in the Lounge to sing Christmas caroling with the Crew.

9:30 PM

Gingerbread Christmas Decorations: Please join your Chef Maik in the Lounge for a Christmas gingerbread decorations.

Followed by:

Evening Entertainment: We welcome you to the Lounge for music and dancing with our on-board musician Sal.

10:30 PM

Christmas Mass: Please join us for the Christmas Mass on the Sanctuary of Our Lady of Remedies.

Lock Schedule:

Bagaúste (upstream): 8:25 AM

Bagaúste (downstream): 2:00 PM

SHIP INFORMATION

Ship Phone Numbers:

Reception: 00 351 962 323 214

Program Director: 0049 152 225 382 19

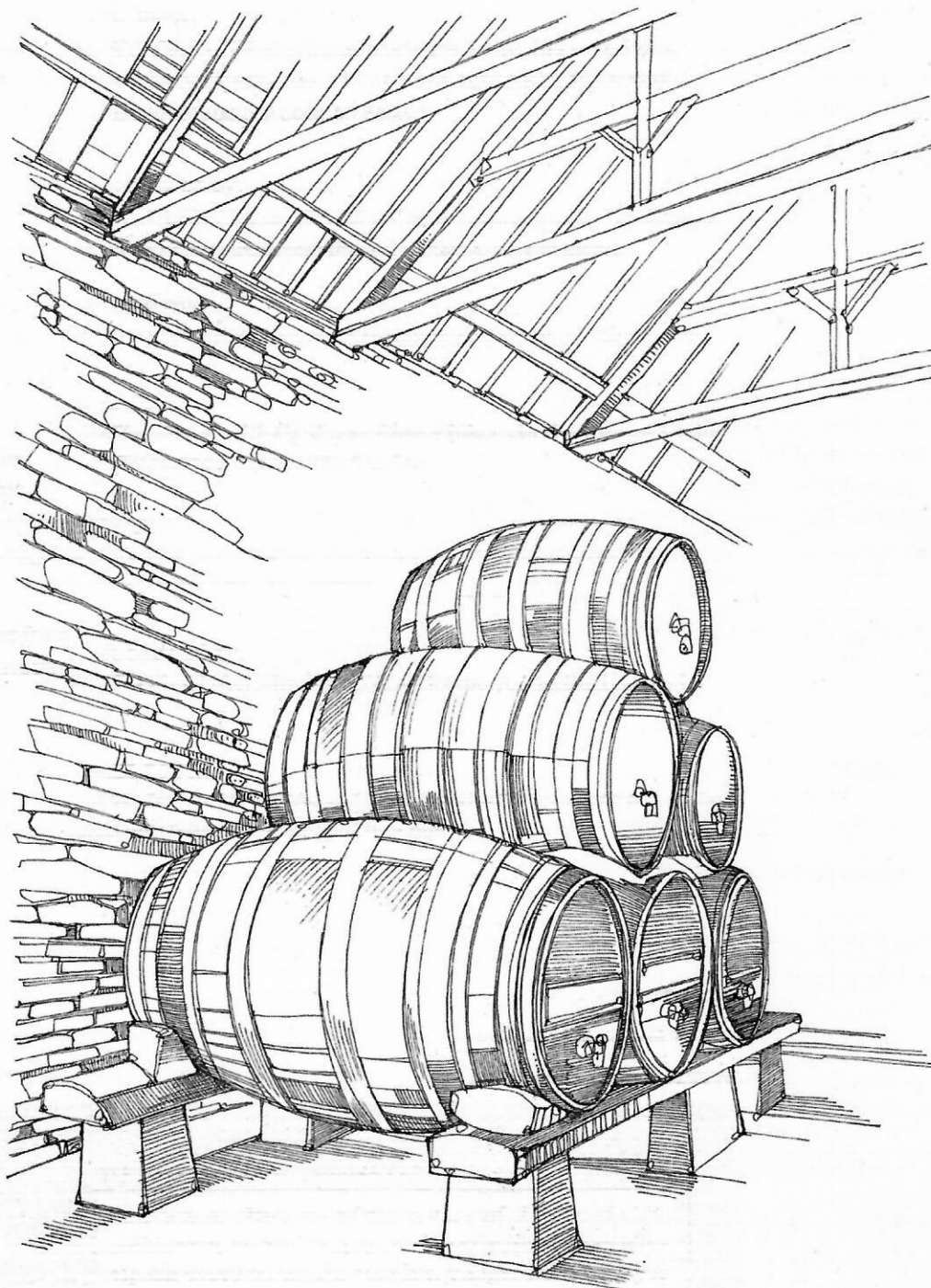
Ship Location: Régua, Portugal

Wi-Fi password: Viking2018

Please note: Because of the nature of data bandwidth and latency, as well as potential interruptions in satellite signals based on terrain, weather, bridges and locks, you may experience slower online connections than you are accustomed to at home.

Quinta da Avessada

Situated in the demarcated Douro Region, in the vineyard town of Favaios, Quinta da Avessada is an ancient site, which has long produced one of the richest wines of the Douro region. Recognized by UNESCO as a World Heritage Site, it has an interactive museum commemorating the history and culture of wine in the Alto Douro region. It shows all the stages of wine production from planting the vine, to the winemaking process, and finally to nectar tasting and wine labelling. The museum has multimedia and audio-visual systems in alliance with different ethnographical presentations. The property has been in the Barros family for several generations and this interactive museum was developed by the youngest members of the family that will be there to welcome the group.





Told in tiles

Everywhere you go in Portugal you will come across azulejos, the famous decorative tiles that have been used to adorn the walls, floors and ceilings of everything, from churches to train stations, cafés to council estates since the 8th century. Using tiles for decoration was a custom brought over from North Africa by the Moors, but it was adopted with gusto by the Spanish and the Portuguese, who added a touch of beauty and flamboyance to what might have been unremarkable structures. Here's a quick history of the Portuguese azulejos for you to enjoy.

- After copying the techniques and typically geometric designs favored by the Moors (the Koran preventing the portrayal of living forms), the Portuguese developed their own style in the mid-16th century by introducing an Italian method of painting.
- By the 17th century, churches—recognizing that tiles were not only easy to clean and maintain, but also kept a place cool—began covering their interior walls with large azulejo panels, called *tapetes*, or carpets.
- As you might expect, the *tapetes* featured in churches depicted religious scenes and imagery; however, as wealthy Portuguese began to commission *tapetes* for their homes, scenes of hunting, great battles and voyages inspired by the fearless explorers began to emerge.
- Then Dutch Delft tiles, featuring flowers and fruit, became extremely popular with the Portuguese aristocracy in the late 17th century.
- By the mid-19th century, Portugal had had enough of hand-painting azulejos and British technology was imported to mass-produce them; by the 1900s, Portugal was the world's largest producer of decorative tiles.
- The country now boasts over 500 years of tile technology and still continues this much-admired tradition.

All about Favaios and Muscats

Favaios is a Portuguese village with a population of about 1,500 people known for one specific thing: its wine, namely, the Muscats (Moscatel de Favaios). With an area of 8.28 square miles (21.44 square kilometers), Favaios is located along the plateau of Serra do Vilarelho, altitude approximately 630 meters above sea level. The origin goes way back to the Roman occupation, but Favaios became known by its specific wine production at the beginning of the 20th century.

Muscat is unique and distinctive, worldwide appreciated and recognized. In 2012, the Moscatel of 1980 was considered the 3rd best in the world, in the Montpellier world contest of Muscat wines. Muscats du Monde Favaios is a sweet Muscat wine made from grapes intended to be consumed before and after meals. It has a glycerine and honey-sweet and jam taste, a clear shiny golden color and a recognizable bouquet of the variety with some hints of orange and honey.

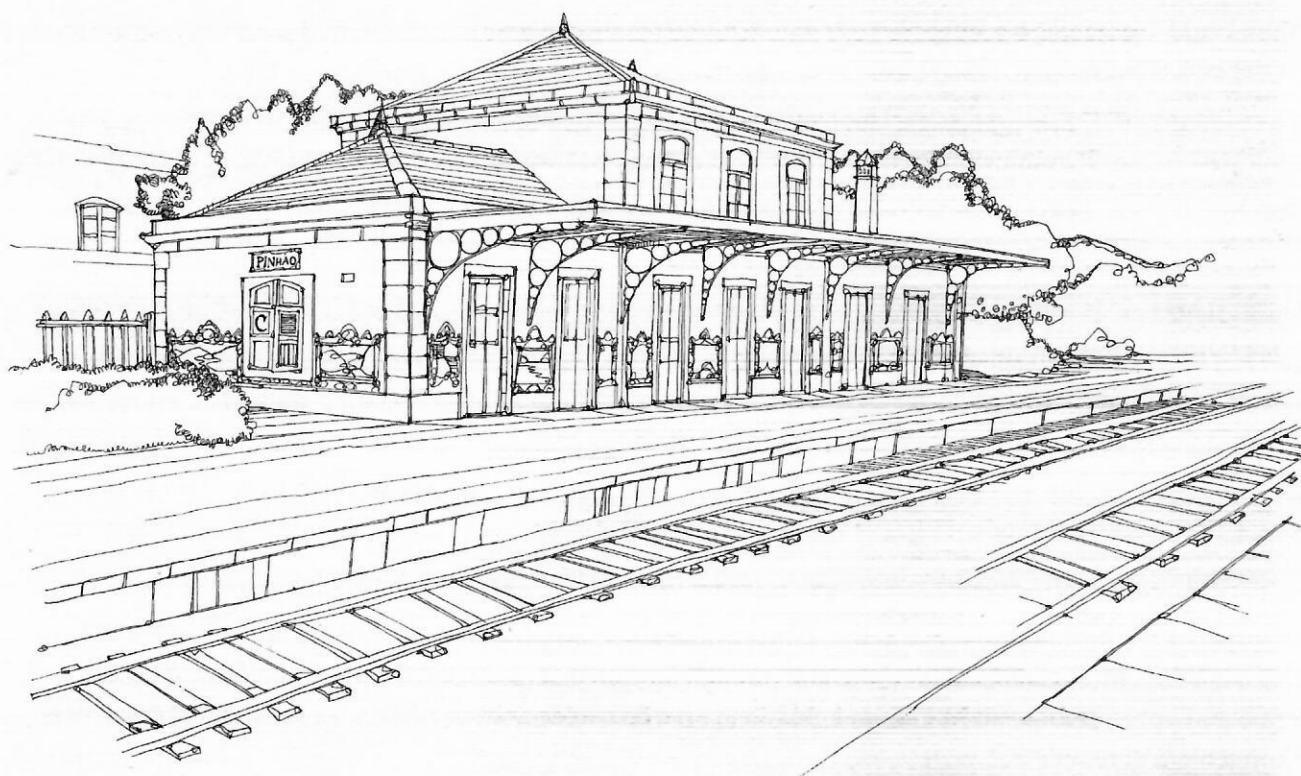
The Favaito is an aperitif made from Galego Muscat grapes from the Favaios region; after aging for 18 months it's clear and has shades of gold, with a bouquet of lime & almonds. Favaios is also known for its "Four Corners Bread." This bread is made of wheat and rye, shaped like a four-corner pillow. It's hand mashed and leavened in wooden arches. It is baked in a traditional oven, which is preheated with plants and bushes from surrounding woods. Today, nine bakeries exist in Favaios.



Picturesque Pinhão

It's hard not to fall a little bit in love with Pinhão—after all, as the epicenter of the Douro wine region and a UNESCO World Heritage Site, what's not to love? As you will soon discover, there are plenty of other reasons to take this sleepy little town into your heart.

For one thing, the scenery is just jaw-dropping with steep slopes spilling into the river while red-roofed villages and gleaming white *quintas*, or wine estates, clutch the hillsides. Wine growers over the centuries have sculpted terraces without the help of modern machinery. Today, wine growing is still a labor of love, with pruning, harvesting and stomping of the grapes still done by hand—and foot. You can see a spectacular depiction of the annual wine harvest told in 24 brilliant blue-and-white azulejos that decorate Pinhão's charming railway station—another big draw for visitors from around the world.



Pinhão Railway Station

VIKING GUEST SERVICES

Want to reserve a table at the best restaurant? Order theater tickets? Book a spa appointment? Arrange for a private guide? Just like a hotel concierge, our Viking Guest Services staff are available 24 hours and will happily handle any request. Ask about special performances, events, festivals and seasonal exhibits.

Sincerely,

Marta Azevedo

Guest Services Manager

VIKING DAILY

Tuesday, December 25th 2018

Today's Weather: Cloudy
8 – 11° C / 46 – 51° F

6:30-11:00 AM

Café Breakfast: Coffee and pastries are available at the coffee station in front of the Restaurant.

7:00-9:00 AM

Breakfast: Enjoy a buffet breakfast and a choice of dishes cooked-to-order in the Restaurant.

8:45 AM-1:00 PM

***Shore Excursion: Charming Lamego.** Visit the sacred pilgrimage town of Lamego and take in the beautiful views from the shrine of our Lady of Remedies.

** Please bring your QuietVox audio receivers and earpieces from your stateroom.*

8:45 AM

Cast Off! *Viking Torgil* leaves Régua for Porto.

12:30 PM

Lunch: Join us for lunch in the Restaurant.

12:30 PM

Welcome to Entre-os-Rios. *Viking Torgil* makes a brief stop in Entre-os-Rios where guests will embark the ship.

5:00 PM

Welcome to Porto: *Viking Torgil* arrives in Porto.

5:30-7:00 PM

Cocktail Hour: Enjoy a drink and live music in the Lounge.

6:00 PM

Farewell Cocktail Party: Join us for a farewell toast to celebrate your Viking journey, new friends and memories made.

Followed by:

Disembarkation Details and Port Talk: Please meet Program Director Raquel in the Lounge for a briefing about your disembarkation and extension. We kindly ask at least one person per stateroom to attend.

After Program Director Raquel invites you to find out about tomorrow's excursions and events.

7:00 PM

Dinner: We invite you to join us for dinner in the Restaurant.

9:00 PM

Christmas Quiz: We welcome you to the Lounge to name the Christmas songs.

Followed by:

Evening Entertainment: We welcome you to the Lounge for music and dancing with our on-board musician Sal.

Lock Schedule:

Carrapatelo: 11:15 AM

Crestuma: 3:55 PM

SHIP INFORMATION

Ship Phone Numbers:

Reception: 00 351 962 323 214

Program Director: 0049 152 225 382 19

Ship Location: Porto, Portugal

Wi-Fi password: Viking2018

Please note: Because of the nature of data bandwidth and latency, as well as potential interruptions in satellite signals based on terrain, weather, bridges and locks, you may experience slower online connections than you are accustomed to at home.



River portrait: the Douro River

On a journey that takes it some 557 miles, the river begins its leisurely course in north-central Spain, passing ancient towns and navigating narrow canyons to reach the border of Portugal. There is a train that follows the Douro along the majority of its spectacular route, but it is only by traveling on the river itself that you can truly appreciate the mighty landscapes that the water has carved out over time.

Once in Portugal, a wide variety of landscapes, architecture and agriculture can be enjoyed. Many of the interesting buildings that line the riverbank around Porto's historic center have connections with the great wine-producing industry that is at the very heart of the Douro Valley. Further evidence of its dominance in these parts can be seen on the opposite side of the river where the city of Vila Nova de Gaia is home to the famous port wine cellars. Wine production has been in the area for more than two thousand years, but it was only in 1756 that the industry became organized and internationally recognized.

But it is only as our journey takes us upstream that the true story of the wine country begins to unfold. Here, in the Alto Douro Wine Region, winding roads pattern the landscape leading up to wonderfully lush vineyards where many grapes are still picked by hand and trodden underfoot and gleaming white *quintas*, or wine estates, visible from your river vantage point, giving you a tempting glimpse of a traditional way of life that has existed for centuries.

A haven for wildlife

The Douro River region is not occupied only by people. Over the centuries, the river has carved magnificent gorges into the Portuguese landscape near the Spanish border, and these steep banks, known as *arribas*, provide a haven for all sorts of wildlife that live off the river's ecosystem. Golden and Bonelli's eagles, black storks, Griffon and Egyptian vultures can be seen soaring through the air, or keeping watch from nests high in the rocks. On the ground, endangered Iberian wolves roam the land, keeping the wild boar population in check, while wildcats search for grouse or rabbits and deer and ibex forage in the forests. By night you may spot bats swooping across the dark sky. Keep your eyes and ears open for the chance to see wild side of the Douro River.

A taste for Portugal

While not widely known for its world-class cuisine, Portugal makes the most of its natural assets such as fertile soil, warm sunshine and plentiful seas and rivers to produce great quality fresh fish and meats, excellent cheeses and, of course, some incredible wines. The cakes and pastries are good too, but more on that later.

Although there is not a lot of regional variety to Portugal's menus, there is a slightly more smoky flavor to the rustic fare of the north. You can try a variety of delicious cured and smoked pork products, from pale, lightly cured hams to clove and cumin-spiced *morcela*, or black pudding, as we know it. For those who don't care for pork, other typical dishes include rich stews, thick soups, chestnuts and cabbage and crusty maize bread.

Perhaps the biggest staple of all Portuguese diets is *bacalhau*, or dried, salted cod. The world's oldest preservation method, dating back some 500 years, salting and drying gave the fish a storage life of several years—perfect for those long sailing expeditions. Today, it is still eaten two or three times a week by many and enjoyed in all sorts of ways, including baked with cream and potatoes.



Spotlight on Lamego

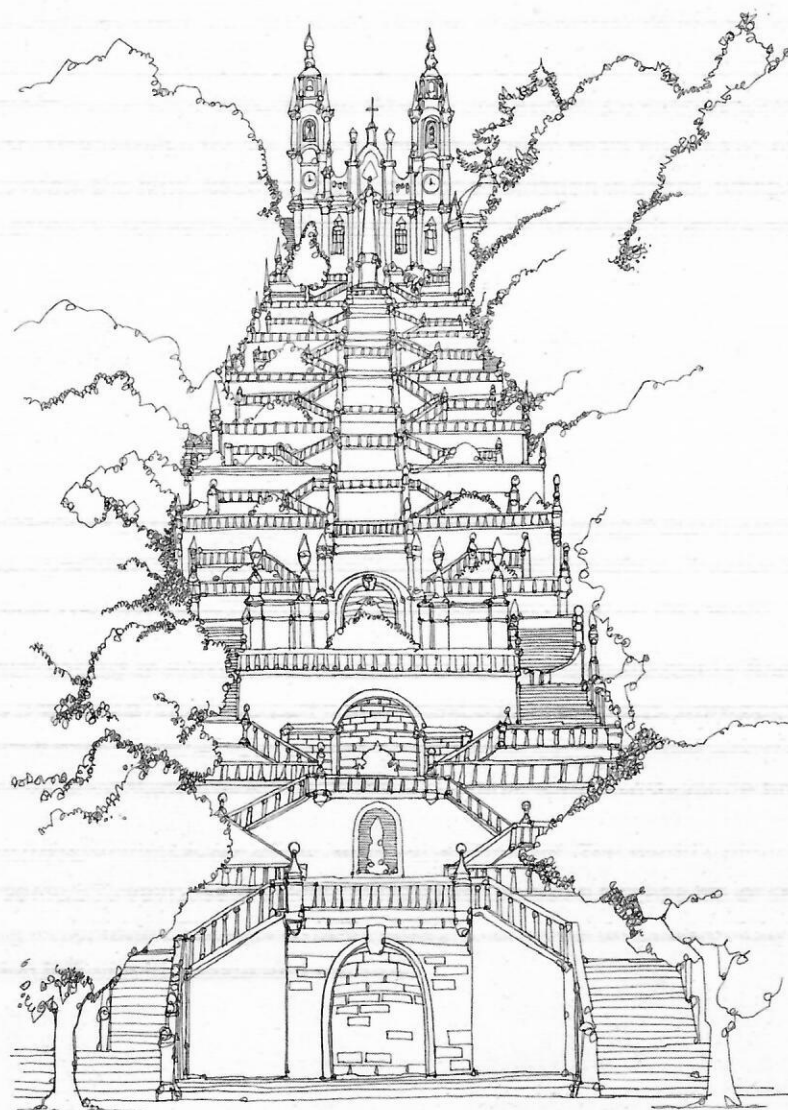
Today we visit Lamego, an ancient city of myths and miracles hidden in the mountains. Ferociously fought over by the Moors and Christians, it was finally claimed as a Christian stronghold in 1057 by Fernando Magno, the great-grandfather of Portugal's first king. Look up at the castle's imposing tower and it's easy to imagine why a mournful Moorish princess is said to return there on foggy days to weep.

MIRACULOUS VIEWS

Lamego's haunting allure doesn't end there, however. Every August and September, thousands of devout worshippers arrive in the city to pray at the magnificent Santuário de Nossa Senhora dos Remédios (Shrine of Our Lady of Remedies). Built in 1791 on the sacred site of a small hilltop chapel, offering dramatic views over the Douro River, the shrine is reached via an awe-inspiring 686-step double staircase. With stops at nine terraces along the way, each adorned with traditional azulejos, urns and statues of saints, the hillside staircase provides the most penitent way for the faithful to reach the twin-towered shrine. Indeed, many of the pilgrims choose to climb the steps on their knees in the hope of having a miracle bestowed upon them.

IMPRESSIVE ARCHITECTURE

For a whistle-stop tour of architectural styles through the centuries, look no further than Lamego's Sé (Cathedral). Originally built in 1129, it is predominantly Gothic in structure, but thanks to modifications made over the centuries, it now represents a beautiful blend of Gothic, Renaissance and baroque styles inside and out.



The Shrine of Nossa Senhora dos Remédios. Lamego



Portugal trivia

- Portuguese is the official language of Angola, Brazil, Cape Verde, East Timor, Equatorial Guinea, Guinea-Bissau, Macao, Mozambique, Portugal, Principe and São Tomé.
- Portuguese buccaneer Bartolomeu Português invented the first Pirate Code of Conduct in the 17th century.
- Portugal and Spain are the only countries in the EU where life imprisonment has been abolished.
- Paris has the largest Portuguese community outside Portugal and is the second largest Portuguese city after Lisbon based on the number of Portuguese residents.
- The world's largest Santa Claus parade took place December 2010 in Porto. Nearly 15,000 people donned Santa outfits, beating the record of the previous year.

Country profile: Portugal

NATIONAL NAME: Portuguese Republic

WHERE: Southwestern Europe bordering Spain, located along the North Atlantic Ocean and Iberian Peninsula

SIZE: 35,516 square miles, roughly half the size of North Dakota and twice the size of Denmark

GEOGRAPHY: The mountainous region of Portugal is north of the Tagus River with cool and rainy climate, while it has milder climates in the beach area along the 800 km of coast. The south consists of rolling plains and warmer and drier temperatures.

CURRENCY: Euro

LANGUAGE: Portuguese

GOVERNMENT: Parliamentary democracy

POPULATION: 10.5 million

RELIGION: Catholic 85%, None 7%, Protestant 4%, Other 4%

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Your Day. Your Story. With Viking.

We invite you to upload photos of your favorite travel moments and the stories behind them on *MyVikingStory.com*. Please share your posts with fellow Instagram, Facebook and Twitter friends by tagging them #MyVikingStory.



VIKING DAILY

Wednesday, December 26th 2018

Today's Weather: Cloudy

7 – 16° C / 44 – 61° F

6:00-11:00 AM

Café Breakfast: Coffee and pastries are available at the coffee station in front of the Restaurant.

7:00-9:00 AM

Breakfast: Enjoy a buffet breakfast and a choice of dishes cooked-to-order in the Restaurant.

8:30 AM-12:30 PM

***Excursion: Panoramic Porto.** Get to know the city built on port, the fortified wine for which it is named and enjoy a wine tasting in a port wine cellar.

9:00 AM-1:00 PM

***Optional Excursion: Porto City Hike.** Marvel at the sights of Porto on an active walking tour of the city.

Account Settlement: Stop by Guest Services Desk from 9:00AM onwards to settle your account.

12:30 PM

Lunch: Join us for lunch in the Restaurant.

2:00-6:00 PM

***Optional Excursion: Historic Guimarães.** Visit Guimarães, a UNESCO World Heritage Site and the birthplace of a nation.

SHARE YOUR STORY
On MyVikingStory.com

As you enjoy your travels, we invite you to share your photos and the stories behind them on MyVikingStory.com. These might include special moments from your cruise such as your favorite view, destination, meal, drink, thinking spot or staff member. Also, while you're sharing your photos and stories with fellow Instagram, Facebook and Twitter friends, please remember to add #MyVikingStory. Sincerely, Marta Azevedo (Guest Services Manager)

2:30-5:30 PM

Transfer Bus: Transfer service into Porto city. Leave the ship at 2:30 PM and return at 5:30 PM, or make your own way back at leisure with a Porto city map.

5:30-7:00 PM

Cocktail Hour: Enjoy a drink and live music in the Lounge.

6:00 PM

Optional Excursion: Graham's Port Dinner. Depart the ship and proceed to Graham's 1890 Lodge, where you join a visit of the wine cellar and have a tasting. For dinner you will enjoy delicious food with some wonderful wines at the Vinum Restaurant that was created by Graham's.

6:30 PM

Vintage Port Wine Opening Demonstration: Join Bar Chef Mário in the Viking Lounge for a Port wine tasting.

7:00 PM

Dinner: We invite you to join us for dinner in the Restaurant.

9:15 PM

Evening Entertainment: We welcome you to the Lounge for music and dancing with our on-board musician Sal.

**Please bring your QuietVox audio receivers and earpieces from your stateroom.*

SHIP INFORMATION

Ship Phone Numbers:

Reception: 00351 962 323 214

Program Director: 00491 522 253 8219

Ship Location: Porto, Portugal

Wi-Fi password: Viking2018

Please note: Because of the nature of data bandwidth and latency, as well as potential interruptions in satellite signals based on terrain, weather, bridges and locks, you may experience slower online connections than you are accustomed to at home.



Time to place your luggage outside your stateroom door	Room number and ribbon-color code for your luggage	Transfer-flight number	Time of departure from ship
2:45 AM	Grey Ribbon 319	Taxi to Airport	3:00 AM
3:15 AM	Green Ribbon 107, 111, 211, 215, 217, 308, 312	TP 1921	3:45 AM
3:45 AM	Blue Ribbon 100, 115 (1), 305	TP 922 TP 1933	4:15 AM
6:30 AM	Yellow Ribbon 104, 106, 112, 205, 208, 220, 309, 311, 315, 321, 326	TP 1334 TP 1931 DL 7495	7:15 AM
7:45 AM	Grey Ribbon 219	Taxi to Airport	8:15 AM
7:45 AM	Orange Ribbon 105, 114, 201, 209, 212, 304, 320, 323	KL 1712 TP 213	8:30 AM
8:15 AM	Grey Ribbon 313	Taxi to Airport	8:45 AM
8:15 AM	Red Ribbon 103 (1), 108, 110, 113, 200, 207, 213, 221, 303 (1)	Transfer to Santiago	9:00 AM
8:30 AM	White Ribbon 300	Private Transfer	9:00 AM
8:30 AM	Grey Ribbon 204	Taxi to Airport	9:00 AM
8:30 AM	Grey Ribbon 325	Taxi to Rent-a-Car at Airport	9:00 AM
8:30 AM	White Ribbon 317	Private Transfer	9:00 AM
9:00 AM	Grey Ribbon 109	Taxi to Airport	9:30 AM
9:00 AM	Purple Ribbon 216, 301	LH 1177 IB 3093	9:45 AM
9:00 AM	Grey Ribbon 102	Taxi to Airport	9:45 AM
9:00 AM	Brown Ribbon 307	TP 1939	10:30 AM
9:00 AM	Grey Ribbon 316	Taxi to Rua do Almada	10:00 AM
9:00 AM	Grey Ribbon 203	Taxi to Airport	12:15 PM
9:00 AM	Green Ribbon 101	AF 1529	1:30 PM



Raise your glass to Portugal

"Port is not for the very young, the vain and the active. It is the comfort of age and the companion of the scholar and philosopher."

—Evelyn Waugh (1903–1966)

Portugal's most famous and popular export, without a shadow of a doubt, is its delicious and intoxicating port wine. And it's right here in the Douro Valley that the only grapes that produce the authentic port are grown. For centuries port has been produced in the region, but it wasn't until the end of the 17th century, when the British discovered a taste for it, that word of its fine qualities began to spread across the continents.

It is the history of how its popularity spread around the world that explains why so many of the port wines we drink today have British brand names. Croft was one of the first big shippers, followed by other English and Scottish firms, and much of the port trade is still in British control. Other names you may recognize include Graham, Cockburn, Warre, Taylor, Krohn, Niepoort, Dow and Churchill.

What gives authentic port its unique quality, flavor and aroma is the winning combination of rocky, acidic soil, a warm, sunny climate and the sweet grapes found along a 62-mile stretch of the Upper Douro Valley. The area gives life to many different styles of port, all of which are matured in oak casks in the various port lodges that pepper the valley. Once bottled, they are ready for drinking with no need to decant. Cheers!

PASS THE PORT

Here are some of the most popular styles of port you might like to sample while you're in the Douro region. The tawny and lighter varieties are best drunk before a meal as an aperitif, while the rich, full-bodied vintage ports are to be enjoyed after a meal as the perfect accompaniment to a good cheese board.

Tawny Porto: Lighter than and not as sweet as vintage ports. Blended from wines no more than three years old.

Aged Tawny: Amber in color, this famous port is blended from a range of aged wines between 10 and 30 years old.

Vintage Porto: Intensely red in color, this full-bodied wine is typically left in the cask for two to three years and then aged in bottles for many years.

Late-Bottled Vintage: Less rich and concentrated than Vintage Porto, it is left in the cask for four to six years, filtered and bottled as ready to drink.

Go behind the scenes.

MAKE THE MOST OF EVERY PORT.

Each of our carefully tailored optional shore excursions takes you beyond the expected to reveal cultural traditions that are often hidden and natural beauty that too often goes unseen. Join us to experience the Local Life and Working World of your destination more closely—or to gain Privileged Access to the world's treasures during specially curated tours.

You may have already booked on MyVikingJourney.com. If not, sign up at Reception.

But hurry, space is limited.



Things to see & do: Guimarães

If you like your streets cobbled, your cafés quaint and your shops small and quirky, don't miss the chance to discover the delightful town of Guimarães on our optional tour today.

It's a place where winding alleyways lead to picturesque plazas and huge granite doorways sit comfortably next to honey-colored, balconied homes. A place that, while showcasing cutting-edge art and buzzing with university life, still manages to maintain the relaxed, sleepy air of a village. It's also *the* place where modern Portugal was born in the early 12th century. You only have to look to the city wall to see the words "*Aqui nasceu Portugal*" ("Portugal was born here") to be reminded that Guimarães was the country's capital under Portugal's first king, Afonso Henriques. Listed below are some of the town's attractions to look for during your time this afternoon:

WHERE TO GO

Castelo de Guimarães: Dominating the skyline, the castle was built in the 10th century to deter attacks from the Moors, Normans and Vikings. In the 12th century, King Afonso Henriques, who is said to have been born in the huge square keep of the castle, extended it to house the very first Portuguese court. Wander along the ramparts or over the high walkway for great views of the town. Address: Caminho do Castelo.

Hours: Tue-Sun, 10:00 AM-6:00 PM. Entrance fee may apply.

Museu de Alberto Sampaio: Housed in the Romanesque cloister and adjoining rooms of the Catedral Nossa Senhora da Oliveira, the museum showcases some incredible religious iconography including nine-foot-tall 18th-century angel candleholders. Address: Rua Alfredo Guimarães.

Hours: Tue-Sun, 9:30 AM-6:00 PM. Closed Monday. Entrance fee: €3 (approx. \$3.50/£2.35).

Paço dos Duques: Built in the 15th century, this medieval palace houses an extensive and eclectic collection of portraits, modern sculptures, Flemish tapestries, Persian rugs, furniture, weapons and porcelain. Look up at the chestnut ceiling in the banquet hall—it mimics the upturned hull of a Portuguese caravel, a sailing ship developed to explore the African coast in the 15th century. Address: Rua Conde Dom Henrique, 4810-245 Guimarães. Hours: daily, 9:30 AM-6:15 PM. Entrance fee: €5 (approx. \$6/£4).

A corker of a landscape

Next time you listen to the satisfying sound of a cork popping out of a bottle, remember that the cork was probably made in Portugal.

Nearly half of the world's cork production hails from this bountiful country during a harvest in which the cork oak tree is stripped of its bark. The amazing thing about cork is that it naturally replenishes itself, so one tree can produce a lifetime of harvests—and with some trees living to around 150 years old, it's little wonder that cork is so important to the Portuguese economy. If only glasses of wine could replenish themselves in the same way!

From fishing boats to floor tiles, hard-wearing cork has been used for myriad products over the centuries, even providing ship-building materials for the vessels used by the explorers during the Age of Discovery. But it took an Englishman, named Robert Hooke, to discover that cork provided the perfect seal for wine bottles. An idea worthy of a toast, we're sure you'll agree.

VIKING GUEST SERVICES

Want to reserve a table at the best restaurant? Order theater tickets? Book a spa appointment? Arrange for a private guide? Just like a hotel concierge, our Viking Guest Services staff are available 24 hours and will happily handle any request. Ask about special performances, events, festivals and seasonal exhibits.

Sincerely,

Marta Azevedo

Guest Services Manager

VIKING DAILY

Thursday December 27th 2018

Today's Weather: Cloudy

10 – 14° C / 50 – 58° F

Thank you for choosing Viking and travelling on board the *Torgil*.

It has been a pleasure to serve you, and a privilege to share your journey—we hope that you had a wonderful time. Should you be continuing to travel with us by land, we look forward to continuing to host you.

We wish you a safe and comfortable journey, no matter what your next destination may be.

Sincerely,
Your Crew at the Viking Torgil

2:30-11:00 AM

Café Breakfast: Coffee and pastries are available at the coffee station in front of the Restaurant.

6:45-9:00 AM

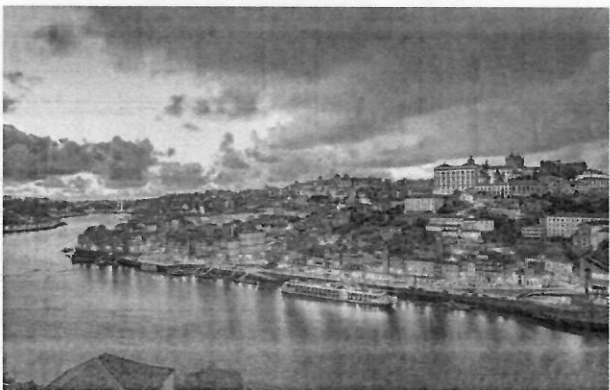
Breakfast: Enjoy a buffet breakfast and a choice of dishes cooked to order in the Restaurant.

By 9:00 AM

Please vacate your stateroom and settle any pending charges to your account at the Reception Desk.

9:00 AM

If you have booked an extension of your holiday, please proceed to the buses for the transfer to your hotel in Santiago. The buses will leave shortly thereafter.



SHIP INFORMATION

Ship Phone Numbers:

Reception: 00 351 962 323 214

Program Director: 0049 152 225 382 19

Ship Location: Porto, Portugal

Wi-Fi password: Viking2018

Please note: Because of the nature of data bandwidth and latency, as well as potential interruptions in satellite signals based on terrain, weather, bridges and locks, you may experience slower online connections than you are accustomed to at home.



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Fast facts: Porto

- Only city in Europe with six bridges, and known as the “City of Bridges”
- Portugal’s second-largest city with a population of around 1.8 million
- In 1996 its historic center became listed as a UNESCO World Heritage Site
- Became European Capital of Culture in 2001
- Most famous for its historic port wine trade, the centre of which lies at Vila Nova de Gaia on the south bank of the Douro River

Explorer’s tales: Ferdinand Magellan

- Born in northern Portugal to a noble family in 1480
- Enlisted in the fleet of the Portuguese viceroy aged 25, he spent the ensuing years taking part in expeditions around India and Africa
- In 1519, having secured financial support from the King of Spain, he led a fleet of five Spanish ships and 251 men to circumnavigate the world
- Magellan crossed the Atlantic, through the straits at the southern tip of South America (since named after him) and sailed into the Pacific
- After approximately 14 weeks he reached the Philippines and on April 27, 1521 was killed in a battle involving two local warring chieftains
- Having survived raging storms, starvation and scurvy, one ship from Magellan’s original fleet reached Spain in 1522 becoming the first ever to successfully sail around the world

#MYVIKINGSTORY

Your Day. Your Story. With Viking.

We invite you to upload photos of your favorite travel moments and the stories behind them on *MyVikingStory.com*. Please share your posts with fellow Instagram, Facebook and Twitter friends by tagging them #MyVikingStory.

1 TAKE A PHOTO

2 UPLOAD & SHARE

3 REPEAT





Things to see & do: Porto

It's hard not to fall in love with Porto. One of the oldest cities in Europe, it is a maze of steep, narrow streets, picturesque plazas, tiled churches and pastel-hued houses. Aptly situated on the "River of Gold," Porto is a treasure chest of unusual buildings, atmospheric neighborhoods, glorious river views and charming local color. From the quaint, old quayside district of Ribeira to the sleek Serralves Museum & Gardens, there are plenty of ways to spend your free time in this very special city.

WHERE TO GO

Porto's historic center, a UNESCO World Heritage Site, gives you all the excuses you need to wander. Start at the riverside promenade in Ribeira, home to the **Palácio da Bolsa** (Rua Ferreira Borges, 4050-253 Porto from Nov-Mar, 9:00 AM-12:30 PM) and the **Igreja de São Francisco** (Rua do Infante Dom Henrique, 4050-297 Porto, from Nov-Feb, 9:00 AM-5:30 PM) with its interior gilt woodwork, an 18th-century addition that covers the aisle roofs, pillars, window frames and chapels, hiding the underlying medieval architecture. You can get your bearings of the whole city by climbing **Torres dos Clérigos** (Rua Senhor Filipe de Nery, 4050-546 Porto) and entrance fee is €3 (approx. \$3.50/£2.50). The top is reached via an inner spiral staircase consisting of 240 steps that culminates in an impressive clock house.

NEARBY YOUR SHIP

Gaia Cable Car (Teleférico): Enjoy a 5-minute scenic cable car ride along the Douro River, taking in breathtaking aerial views of Vila Nova de Gaia and Porto. At the bottom station, you can find the Cais de Gaia Market and Porto wine cellars; the top station is convenient to Jardim do Morro park, the Luís I Bridge and Sera do Pilar. Address: Gaia riverside promenade, in front of Cais de Gaia market. Hours: Oct 25-Mar 23, 10:00 AM-6:00 PM; closed Dec 25. Fee: one way, €6 (approx. \$7/£5); roundtrip, €9 (approx. \$10/£8).

Walk to São Pedro da Afurada: Ideal for the active walker, this route along the river leads to a charming fishermen's village. Upon reaching São Pedro da Afurada, you will be rewarded with a lovely view of Porto on the opposite riverbank.

360° Terrace Lounge at Espaço Porto Cruz: A 5-minute walk from your ship, this lounge offers panoramic views of Porto. Lunch served May-Sep, 12:30-3:00 PM; snacks served year round. Address: Largo Miguel Bombarda #23, 4400-222 Vila Nova de Gaia. Hours: Oct-Apr, daily, 3:00-7:00 PM.

Taxi Boat to Ribeira: Take a taxi boat from the quay to the opposite riverbank to explore Porto's historic district of Ribeira. Enjoy a leisurely stroll through its narrow medieval cobblestone lanes, lined with Portuguese architecture that spans the ages.

Private Morning Tour to Aveiro: This tour is subject to availability; please inquire at Guest Services for booking assistance.

Porto from the Sky: If you missed our optional shore excursion, you may still be able to see the "City of Bridges" from the air on a helicopter tour over Porto; inquire at Guest Services for availability. Fly over the Freixo Bridge and Estádio do Dragão football stadium, and view the Douro River's mouth and nearby beaches.

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